



Notes

A monthly compendium of news and notes from the Cowichan Valley Music Teachers Association meeting.

Mar 31, 2007

Notes from the meeting held Fri. March 30

Greetings to all who attended the meeting Friday at Kim's - and especially to Kim and Annick who previewed 2 duets for voice and clarinet they are working on.

Discussion topic was **Performance Jitters** - and the discussion was wide ranging from drugs (including beta blockers and their effects, esp. the negative effects on memory), the positive results of eating bananas or brewers yeast just before, a homeopathic remedy called "calms", to new ways of thinking about nerves, and how to talk to students about it, and a list of helpful books. All agreed that practice in performing was a key, and those who are having their students do more of it report good results.

Stéphane Lemelin Recital and Masterclass

April 14th - 1:30 and 7:30 pm. Christian Reformed Church

Masterclass performers will be Michael Oh, Emily Armour, Esther Wilke, Emilie Carpentier, Meara Hulholland, alternate Kasandra Gierc.

Teachers have packages of tickets to sell - most crucial that everyone sell as many tickets as possible, as this is quite an expensive undertaking. **Ruth** has additional tickets if you need more, or didn't get any to sell. rmwilliams@shaw.ca Tickets will be \$20 at the door (in advance are \$14 each, family \$30, so get an advance one, and sell them to your students.

Trisha D will arrange B&B for Mr. Lemelin, **Sue** will organize tea and fruit for him at the church. Advertising has been arranged by Ann for newspapers. (see also poster attached to this email for printing out. Marilyn and Judit have done program, Marilyn will print.

Pianofest 2007 - proof copy of the program was circulated; programs will be available to teachers by April 17th. (Look for a schedule on the website before then, or e-mail Ruth rmwilliams@shaw.ca. Pianofest begins Friday April 27, 1:00 pm.

Adjudicator's assistants: Friday aft. - **Connie**; Friday evening - **Trisha**; Sat. morn - **Christine**; Sat. aft and evening - call **Ruth** if you can help!

We'll take the adjudicator for supper Friday at Kim Wah. (5 -7) all teachers welcome.

Next meeting -

Friday, April 27. Begins at **10 am - not 9:30** in April with **music at Duncan United Church.** **Connie** will preview her organ recital piece for us. Then we adjourn to Bethel Baptist for meeting, socializing and light lunch before Pianofest begins at 1pm. Lunch will be cold meats, fruit, veg, buns, brought in - \$5 person.

Misc. Notes from meeting March 30.

May 27 concert - Mood Swings - Serious musical fun. As part of St. Michael's presents series in Chemainus, To be repeated **June 3rd, 2:30 Sylvan United.** One spot for performer teacher still available. Contact Ann

Handbills- samples were distributed for comment, duly noted. Marilyn will print a few hundred in an initial run for distribution. E-mail mrummel@goldcity.net if you can take some for doctor's offices, your local school, and every other place you can think of!

RCM report from Trisha. She will be away during piano/instrument exams, and is looking for someone to take over. Ideally one person, but several teachers will fill in as/if necessary. Contact her at tdaniell@telus.net.

Cowichan Consort Concerto Competition. Sheila Sandys-Wunsch presented plans to date for competition. Many teachers have been unaware of this great opportunity for their senior students. Teachers are now being asked to be a more important part of the process, with registration for auditions to be through them. Lots of discussion about the benefit of changing the date to fall, but for now it will be November audition competition, performance in May. Senior students from the Cowichan Valley are invited to audition a concerto or song cycle. To comment further, or for more info, **email Sheila:** swunsch@islandnet.com

Songfest 2007 - Information will be posted and Registration will be open very soon, and will **close April 18th.** **Questions? contact Sue D. or Kim S.**

Book Resources - here's a list of those discussed at the meeting, with helpful info about performing:

The Inner Game of Music - Barry Green

Tensions in the Performance of Music - Carola Grindea

A Soprano on Her Head - Eloise Ristad

Making Music for the Joy of It - Judy Henry

Vocal Mastery - Chrissellene Petropoulos (website, too)

Let's build the Cowichan Valley Music Teachers Association

Remember to check past issues, and find a teacher or their phone number at www.cowichanmusicteachers.com Tell your colleagues!